



WINTER/  
SPRING

600  
calories  
or less

10\$  
each

## TUE/THU/SAT

## MON/WED/FRI

MEAT

### THAI-NO-MITE

- Stir-fried lemongrass chicken
- Thai eggplant
- Rice noodle salad
- Fresh fruit

### SOUTHERN COMFORT

- BBQ chicken
- Tangy red cabbage
- Bun
- Fresh fruit

MEAT

VEGETARIAN

### CAPRI

- Chickpeas in a lemon caper sauce
- Roasted eggplant with thyme and yogurt sauce
- Pita wedges
- Fresh fruit

### UMAME

- Mushrooms and tofu in soy truffle butter over rice
- Kimchee coleslaw
- Miso braised eggplant
- Fresh fruit

VEGETARIAN

VEGAN

### DIABLO

- Black beans in salsa sauce
- Pickled red onions with jalapeno
- Corn Tortillas
- Fresh fruit

### EIGHT LIMB

- Chickpea curry on rice
- Sweet red pepper pickles
- Cabbage & coconut stir fry
- Fresh fruit

VEGAN

